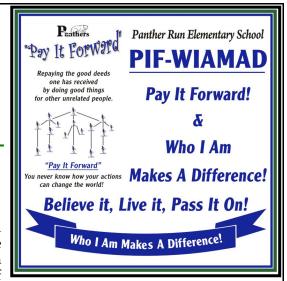
## **Panther Run Elementary School**

Elaine L. Saef, Principal 801 NW 172<sup>nd</sup> Avenue Pembroke Pines, Florida 33029 (754) 323-6850 www.pantherrun.com

February 5, 2018

Dear Parents and Guardians,

This year Panther Run will be hosting it's Mini-Marathon on Wednesday, February 14<sup>th</sup>, from 8:15AM to 10:30AM. The course will take students around Panther Run Elementary and through Pembroke Isles. Pembroke Pines Police Officers, teachers, staff and parent volunteers will be present along the course.



The Mini-Marathon promotes our Health and Fitness philosophy of having a "Healthy Mind, Healthy Body." The students have been working together to train for this Run/Walk and are very excited that it is right around the corner.

Please sign and complete the attached <u>Field Trip Authorization Form</u> and return it by Monday, February 12, 2018, to your child's classroom teacher.

All <u>Pre-Approved Volunteers</u> are encouraged to assist along the course and on the field as the students return. If you are an approved volunteer and would like to help, please email your name & child's grade level to our PTA President, Rachel Steffenson @ <u>preptamom@gmail.com</u>

or volunteer with the sign up genius at: <a href="http://www.signupgenius.com/go/4090e4aa8ad22a6f94-mini">http://www.signupgenius.com/go/4090e4aa8ad22a6f94-mini</a>

The following items are recommended for the Mini-Marathon Day that will help promote a safe experience for your child:

- 1. Hydrate encourage your child to drink fluids (water) 2-3 days prior
- 2. Clothing comfortable (uniform policy) Class Panther Pride T-shirt/Panther Run shirt/or a t-shirt in their class color
- 3. Sneakers or closed shoes that provide a cushion
- 4. Sunscreen (must be applied prior to arriving at school)
- 5 Hat

Water stations are placed throughout the course and children are encouraged to stop and drink often.



Distance – Students may run (jog) or walk

Kindergarten, 1<sup>st</sup> & 2<sup>nd</sup> Grade will be approximately 1.5 miles. 3rd, 4<sup>th</sup> & 5<sup>th</sup> Grade will be approximately 2 miles.

If you have any questions or concerns, please contact your child's classroom teacher at 754-323-6850.



## THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA FIELD TRIP AUTHORIZATION FORM

I/WE THE UNDERSIGNED, HEREBY AUTHORIZE MY <u>SON</u> <u>DAUGHTER</u> <u>WARD</u>
CHILD'S NAME
PERMISSION TO TRAVEL ON A PANTHER RUN ELEMENTARY SCHOOL PTA
SPONSORED TRIP TO Pembroke Isles – Mini Marathon
AS A MEMBER OF Panther Run Elementary School
DEPARTURE TIME: 8:00 am DATE: FEBRUARY 14, 2018
RETURN AT OR ABOUT: 10:30 am DATE: FEBRUARY 14, 2018
EMERGENCY CONTACT
IN CASE OF AN EMERGENCY, PLEASE CONTACT:
TELEPHONE: RELATIONSHIP:
IN THE EVENT I CANNOT BE REACHED, PLEASE CONTACT:
TELEPHONE: RELATIONSHIP:
MY CHILD IS COVERED BY TWENTY-FOUR (24) STUDENT ACCIDENT INSURANCE OR FAMILY INSURANCE:  INSURANCE COMPANY NAME: POLICY #:  I DO NOT HAVE INSURANCE, HOWEVER, I WILL PAY ANY AND ALL MEDICAL BILLS FOR EMERGENCY CARE OF MY CHILD
SIGNATURE OF PARENT/GUARDIAN DATE



## **Mini Marathon**

Wednesday, February 14<sup>th</sup> 7:30 a.m. – 10:30 a.m.

We need you!!! The Annual Mini-Marathon is coming on February 14<sup>th</sup> from 7:30-10:30 a.m. *We need volunteers along the marathon route* in Pembroke Isles. If you are an approved volunteer and would like to help with the Mini Marathon, please fill out the bottom portion of this note and return it ASAP.

<u>All volunteers will be assigned a station along the course.</u> Please sign in at the front office with a picture ID and then report to the PE court. Please sign-up at <a href="http://www.signupgenius.com/go/4090e4aa8ad22a6f94-mini">http://www.signupgenius.com/go/4090e4aa8ad22a6f94-mini</a>

Thank you in advance for your help, we couldn't do this without you!

PTA

