

# Panther Run Elementary School

Elaine L. Saef, Principal  
801 NW 172<sup>nd</sup> Avenue  
Pembroke Pines, Florida 33029  
(754) 323-6850  
[www.pantherrun.com](http://www.pantherrun.com)

February 5, 2018

Dear Parents and Guardians,

This year Panther Run will be hosting it's Mini-Marathon on Wednesday, February 14<sup>th</sup>, from 8:15AM to 10:30AM. The course will take students around Panther Run Elementary and through Pembroke Isles. Pembroke Pines Police Officers, teachers, staff and parent volunteers will be present along the course.

The Mini-Marathon promotes our Health and Fitness philosophy of having a "Healthy Mind, Healthy Body." The students have been working together to train for this Run/Walk and are very excited that it is right around the corner.

**Please sign and complete the attached Field Trip Authorization Form and return it by Monday, February 12, 2018, to your child's classroom teacher.**

All **PRE-APPROVED VOLUNTEERS** are encouraged to **assist along the course** and on the field as the students return. If you are an approved volunteer and would like to help, please email your name & child's grade level to our PTA President, Rachel Steffenson @ [preptamom@gmail.com](mailto:preptamom@gmail.com)

or volunteer with the sign up genius at: <http://www.signupgenius.com/go/4090e4aa8ad22a6f94-mini>

*The following items are recommended for the Mini-Marathon Day that will help promote a safe experience for your child:*

1. Hydrate – encourage your child to drink fluids (water) 2-3 days prior
2. Clothing – comfortable (uniform policy) Class Panther Pride T-shirt/Panther Run shirt/ or a t-shirt in their class color
3. Sneakers or closed shoes that provide a cushion
4. Sunscreen – (must be applied prior to arriving at school)
5. Hat

*Water stations are placed throughout the course and children are encouraged to stop and drink often.*



## **Distance – Students may run (jog) or walk**

Kindergarten, 1<sup>st</sup> & 2<sup>nd</sup> Grade will be approximately 1.5 miles.  
3<sup>rd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Grade will be approximately 2 miles.

If you have any questions or concerns, please contact your child's classroom teacher at 754-323-6850.

A poster for Panther Run Elementary School's PIF-WIAMAD program. The poster features the school's logo and the text "Pay It Forward!" and "Who I Am Makes A Difference!". It includes a quote: "Repaying the good deeds one has received by doing good things for other unrelated people." and another quote: "Pay It Forward! You never know how your actions can change the world!". The poster also features a tree diagram with people at the base and top, and a banner at the bottom that says "Who I Am Makes A Difference!".

Panther Run Elementary School  
**PIF-WIAMAD**  
**Pay It Forward!**  
&  
**Who I Am**  
**Makes A Difference!**  
**Believe it, Live it, Pass It On!**  
**Who I Am Makes A Difference!**

**THE SCHOOL BOARD OF BROWARD COUNTY, FLORIDA  
FIELD TRIP AUTHORIZATION FORM**

I/WE THE UNDERSIGNED, HEREBY AUTHORIZE MY SON DAUGHTER WARD

CHILD'S NAME \_\_\_\_\_

PERMISSION TO TRAVEL ON A PANTHER RUN ELEMENTARY SCHOOL PTA

SPONSORED TRIP TO Pembroke Isles – Mini Marathon

AS A MEMBER OF Panther Run Elementary School

DEPARTURE TIME: 8:00 am DATE: FEBRUARY 14, 2018

RETURN AT OR ABOUT: 10:30 am DATE: FEBRUARY 14, 2018

**EMERGENCY CONTACT**

IN CASE OF AN EMERGENCY, PLEASE CONTACT: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

IN THE EVENT I CANNOT BE REACHED, PLEASE CONTACT: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ RELATIONSHIP: \_\_\_\_\_

**HEALTH/ACCIDENT INSURANCE**

MY CHILD IS COVERED BY TWENTY-FOUR (24) STUDENT ACCIDENT INSURANCE OR FAMILY INSURANCE:

INSURANCE COMPANY NAME: \_\_\_\_\_ POLICY #: \_\_\_\_\_

\_\_\_\_\_ I DO NOT HAVE INSURANCE, HOWEVER, I WILL PAY ANY AND ALL MEDICAL BILLS FOR EMERGENCY CARE OF MY CHILD

\_\_\_\_\_  
**SIGNATURE OF PARENT/GUARDIAN**

\_\_\_\_\_  
**DATE**

E-mail: \_\_\_\_\_

# Volunteers!



## Mini Marathon

Wednesday, February 14<sup>th</sup>

7:30 a.m. – 10:30 a.m.

We need you!!! The Annual Mini-Marathon is coming on February 14<sup>th</sup> from 7:30-10:30 a.m. **We need volunteers along the marathon route** in Pembroke Isles. If you are an approved volunteer and would like to help with the Mini Marathon, please fill out the bottom portion of this note and return it ASAP.

**All volunteers will be assigned a station along the course.** Please sign in at the front office with a picture ID and then report to the PE court. Please sign-up at <http://www.signupgenius.com/go/4090e4aa8ad22a6f94-mini>

Thank you in advance for your help, we couldn't do this without you!

PTA

## Mini Marathon

