



The Everglades High School Family Counseling Program is once again up and running! For those of you who are not familiar with us, we are a FREE counseling program open to any family with children enrolled in school.

Often, when a family experiences difficulties, problems develop with general daily functioning. For students, school-related problems are often symptomatic of those stressors. The family counselors address a variety of family and emotional problems in counseling, including:

Learning Disorders	School Phobia	Attention Deficit Disorder
Hyperactivity	Study Skills	Peer Pressure
Depression	Anxiety	Physical Abuse
Separation/Divorce	Parenting Skills	Communication Skills
Stress Management	Self-esteem Issues	Eating Disorders
Anger Management	Conflict Resolution	Domestic Violence
Bereavement and Loss	Abandonment	Substance Abuse

There are a variety of benefits to family counseling. Family conflicts can be resolved lowering stress levels within the family and individual issues can be addressed, which may be causing a child to have emotional and/or behavioral problems. When a student is functioning well, their stress level is lower and more learning can occur. Fewer conflicts among peers occur and more academic productivity can result. Consequently, there are less suspensions, referrals, and removal from the classroom.

Referrals to the Family Counseling Program can come from Administrators, Guidance Counselors, Teachers and parents. Please call on us if you have questions or concerns. We are here to help identify children and families in need.

The Family Counseling Program has both day and evening hours and is staffed by Licensed and/or Mental Health professionals, bilingual in English and Spanish. Services are confidential and records do not become part of the student's cumulative file.

In order to expedite the process for receiving services, parents or guardians should fill out the Application for Services (Form #3) and read and sign the Acknowledgement form (Form #4), which can be found by going to www.browardschools.com, then click Departments, then Psychological Services, Family Counseling and print Form #3 and Form #4. Bring completed forms with you to the first session.

When you think of counseling.... think of the Family Counseling Program at **EVERGLADES HIGH SCHOOL**, which services your school. For appointments please call Pat Candela at **(754) 323-0531**.